



Alec's Run XIX

4 Mile Race 9:30 AM Saturday, April 22, 2023 1K Children's Fun Run 9:00 AM
Half Hollow Hills High School West in Dix Hills

We are very excited to host Alec's Run again this year! Alec's Run has become a great day to honor the life of our 16 month old son, Alec. Thanks to your support, we are making a difference. The race continues to support Kids and Cars, Hospice Care Network free bereavement Counseling and helps give aid to needs children through Alec's Foundation. Kids love the fun run, they all get a shirt and a medal. Everyone receives a custom shirt and there is a fantastic raffle! Please join us in celebrating Alec's life on April 22nd and help others in the community.

<p>ENTRY FEE: Pre-registered – Received by April 15th Adults 17+ \$25.00 16 and under/75 and over \$15.00 Late registration – Through April 21st All \$28.00 Day of Race \$30.00 FUN RUN RACE ENTRY FEE: Begins at 9:00 AM Pre-registered (10 and under) \$10.00 Day of Race \$12.00 AMENITIES: Top quality T-SHIRT to all entrants. Special medals & raffle prizes to all in Fun Run AWARDS: Overall Male & Female winners and Top 3 Male & Female for 14 and under, then 5-year age groups to 100+.</p>	<p>DIRECTIONS: From Northern State Parkway – Exit 41 Wolf Hill Road - From west, make right; school 200 yards on your left - From east, make left; school 300 yards on your left OTHER INFORMATION: - Walkers, strollers, baby joggers welcome. - For the safety of all participants and for insurance purposes, NO skates, rollerblades or animals are allowed in this event. - All proceeds will be donated to ... • Hospice Care Network - bereavement counselors and end-of-life care specialists • Kids and Cars - an advocacy group striving to make cars safer for their littlest passengers, and finally • The Alec William Nelson Charitable Corporation that works to make a difference in needy children's lives.</p>
<p>CHECK IN: Goody bags and shirts can be picked up at High School West on 4/21 from 5–7 PM or day of race from 7:30–9:15 AM. Alec's Run is a sanctioned USA Track and Field Event: Register online at alecsrun.org</p>	

Contact us: alecsrun@yahoo.com. Mail checks & entries to: Alec's Run, 999 Grand Blvd., Deer Park, NY 11729 Call: 516-864-3254

Entry Form for Alec's Run XIX– April 22nd, 2023.

First Name: _____ Last Name: _____

Age (on day of race): _____ Date of Birth: ___/___/___ Gender: Male _____ Female _____

Address: _____ Town: _____ State: _____ Zip Code: _____

Phone: (____) _____ Email Address: _____

Please fill out entry blank, read the following statement and sign below: In consideration of your accepting this entry, I the undersigned, intending to be legally found to hereby, for myself, my heirs, executors and administrators, waive and release and hold harmless the Town of Huntington, the Suffolk County Police Dept., the Half Hollow Hills School District, the Alec William Nelson Charitable Corporation and all their representatives, successors and assigns, for any and all liabilities, claims, demands and cause of action whether or not arising in whole or in part out of the negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and a licensed Medical Doctor has verified my physical condition. If signed by a parent, the parent agrees to release and hold the above-named organizations and personnel harmless of any claims and which may be asserted on behalf of the entrant. Further, I hereby grant permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event whatsoever.

Signature: _____ Date: _____

Parent's Signature if under 18 yrs of age: _____ Date: _____